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**Information**

**Referral**

**&**

**Risk Assessment**

**All information enclosed will be kept Strictly Private & Confidential**

Registered Charity

No 519738

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**A community response to well-being**

**Who are we?**

Kinmos is a community of people promoting mental well-being and supporting the needs of people with mental health difficulties in Birmingham.

As volunteers, members and paid staff we work together to promote recovery, increase self-esteem and confidence and we encourage all members to be actively involved in their local community.

**What do we do?**

We offer a range of supports, including individual self-development, a group work program, and offer therapeutic activities.

We use person centred planning to encourage members to think about their lives and plan how they want to live their life and what is required to make that possible.

**Member involvement**

We are committed to supporting all members of Kinmos community to reach their full potential and contribute to the smooth running of our service by enabling them to:

* Run social activities
* Become befrienders and peer supporters
* Actively contribute and run regular member forums sharing ideas, raising concerns, and promoting the service.

**Please enclose an up to date care plan if possible**

**And any other information you feel relevant to the referral**

individuals can be referred by health and social care professionals involved in their support and recovery

Find us on Facebook or at www.kinmos.com

Registered Charity Number 519738

Established in December 1979.

**For further information please contact:**

**Kinmos**

**Moseley exchange, 149-153 Alcester road,**

**Moseley, Birmingham B13 8JP**

**Tel: 07849 5006645**

[**kinmoscentre@yahoo.co.uk**](mailto:kinmoscentre@yahoo.co.uk)**.**

**KINMOS REFERRAL FORM**

**STRICTLY PRIVATE & CONFIDENTIAL**

**TITLE**

**NAME**

**D.O.B**

**ADDRESS**

**POSTCODE**

**TELEPHONE NUMBER**

**EMAIL**

**How would you prefer to be contacted post / phone / email (delete as appropriate)**

**Reason for referral**

**Mental Health diagnoses**

**Hobbies & Interests**

**What would you like to achieve at Kinmos?**

**Do you or have you ever attended any other mental health day center’s or services?**

**(if yes please leave details)**

**Do you have any allergies/disabilities or other health issues, we need to know about?**

**How did you hear about Kinmos?**

**NEXT OF KIN**

Name

Number

Address

Referred By

Name

Organisation

Job title

Contact Number

Contact Email

Contact Number

Date

Signature

Is the person aware of the referral?

**SOCIAL WORKER C.P.N**

Name Name

Number Number

Email Email

Address Address

**SUPPORT WORKER** **PSYCHIATRIST**

Name Name

Number Number

Email Email

Address Address

**G.P**

Name

Number

Email

Address

**KINMOS RISK MANAGEMENT & ASSESSMENT**

**STRICTLY PRIVATE & CONFIDENTIAL**

**NAME……………………………….....................**

To ensure the person is supported effectively and that they are enabled to achieve their outcomes, it is important that we understand any triggers or risks that may affect the person or that may affect others.

Kinmos uses Person Centred Planning tools to get the know the person, however, we do require any information that you feel is relevant to their mental health issues and they may impact on their opportunity to live a full life.

Describe below any instance of risk behaviour, risk related behavior, or current warning signs that will enable us to support the person. Please attach a risk management plan with the Care/Support Plan

**Completed by (Block Capitals)**

**Name……………………………….....…Signed………………………………Date…......……**

**Profession/Job title………………………………………………………………………………**

**Organisation………………..……………………………………………………………………..**

**Living Status**

Independent Supported Accommodation

Residential Home Nursing / Care Home

With Family Homeless / no fixed abode

**How would you travel to Kinmos activities?**

Walk Own / family transport

Public transport Ring & ride

Taxi Other

Please specify…………….…………………….

As part of our funding with Birmingham City Council Adults and Communities, we are required to complete quarterly monitoring and statistics. We would be grateful if you could fill this section in.

All information is strictly private and confidential and for monitoring purposes only.

**Wellbeing Assessment Tool**

Please tick the box that best describes how you are feeling

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of Member** | **Date** | **Group Attending** | **First Assessment/Review** |
|  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Statements** | **None of**  **the time**  MC900423163[1]**1** | MC900423165[1]**Rarely**  **2** | MC900423151[1]**Sometimes**  **3** | MC900423171[1]**Often**  **4** | MC900423159[1]**All of**  **The time**  **5** |
| Do you feel optimistic about the future |  |  |  |  |  |
| Have you been feeling relaxed |  |  |  |  |  |
| Do you feel useful |  |  |  |  |  |
| How well do you cope with problems |  |  |  |  |  |
| Have you been feeling confident |  |  |  |  |  |
| Are you able to make decisions |  |  |  |  |  |
| Have you been interested in new things |  |  |  |  |  |
| Are you able to ask for help and support from Family/friends or neighbours if you need it |  |  |  |  |  |

|  |  |  |
| --- | --- | --- |
| **Staff / Volunteer Name** | **Score out of 80** | **Date and score of last Assessment** |
|  |  |  |
|  |  |  |
|  |  |  |

|  |
| --- |
| **How do you feel about your social life?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your leisure activities?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your accommodation?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your personal safety in your own home?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your personal financial situation?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your physical health?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **How do you feel about your mental health?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmf |
| **C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423163[1].wmfHow do you feel about your life as a whole?**  Very displeased Mostly displeased Mixed opinion Mostly pleased Very pleased  C:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\4VO1M8YY\MC900423159[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\9TB1AI8P\MC900423171[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\IMIV6UV4\MC900423151[1].wmfC:\Users\Mooseling\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\52LSETPE\MC900423165[1].wmf |